

December	2024	HW -6	HW -5.5	HW -5	HW -4.5	HW -4	HW -3.5	HW -2.10	HW -0.10		HW +0.5	HW +1	HW +1.5	HW +2	HW +2.5	HW +3	HW +3.5	HW +4	HW +4.5	HW +5	HW +5.5	HW + 6	
GMT	Date	Access	Exit	Access	Exit	Access	Exit	Freeflow	Freeflow	HW	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	
Sunday	1st	23:57 12:13	00:27 12:43	00:57 13:13	01:27 13:43	01:57 14:13	02:27 14:43	03:47 16:03	05:47 18:03	05:57 18:13	06:27 18:43	06:57 19:13	07:27 19:43	07:57 20:13	08:27 20:43	08:57 21:13	09:27 21:43	09:57 22:13	10:27 22:43	10:57 23:13	11:27 23:43	11:57 00:13	
Monday	2nd	00:31 12:48	01:01 13:18	01:31 13:48	02:01 14:18	02:31 14:48	03:01 15:18	04:21 16:38	06:21 18:38	06:31 18:48	07:01 19:18	07:31 19:48	08:01 20:18	08:31 20:48	09:01 21:18	09:31 21:48	10:01 22:18	10:31 22:48	11:01 23:18	11:31 23:48	12:01 00:18	12:31 00:48	
Tuesday	3rd	01:06 13:24	01:36 13:54	02:06 14:24	02:36 14:54	03:06 15:24	03:36 15:54	04:56 17:14	06:56 19:14	07:06 19:24	07:36 19:54	08:06 20:24	08:36 20:54	09:06 21:24	09:36 21:54	10:06 22:24	10:36 22:54	11:06 23:24	11:36 23:54	12:06 00:24	12:36 00:54	13:06 01:24	
Wednesday	4th	01:44 14:03	02:14 14:33	02:44 15:03	03:14 15:33	03:44 16:03	04:14 16:33	05:34 17:53	07:34 19:53	07:44 20:03	08:14 20:33	08:44 21:03	09:14 21:33	09:44 22:03	10:14 22:33	10:44 23:03	11:14 00:03	11:44 00:33	12:14 01:03	12:44 01:33	13:14 01:33	13:44 02:03	
Thursday	5th	02:24 14:45	02:54 15:15	03:24 15:45	03:54 16:15	04:24 16:45	04:54 17:15	06:14 18:35	08:14 20:35	08:24 20:45	08:54 21:15	09:24 21:45	09:54 22:15	10:24 22:45	10:54 23:15	11:24 23:45	11:54 00:15	12:24 00:45	12:54 01:15	13:24 01:45	13:54 02:15	14:24 02:45	
Friday	6th	03:09 15:34	03:39 16:04	04:09 16:34	04:39 17:04	05:09 17:34	05:39 18:04	06:59 19:24	08:59 21:24	09:09 21:34	09:39 22:04	10:09 22:34	11:09 23:04	11:39 23:34	12:09 00:04	12:39 00:34	13:09 01:04	13:39 01:34	14:09 02:04	14:39 02:34	15:09 03:04	15:39 03:34	
Saturday	7th	04:02 16:30	04:32 17:00	05:02 17:30	05:32 18:00	06:02 18:30	06:32 19:00	07:52 20:20	09:52 22:20	10:02 22:30	10:32 23:00	11:02 23:30	11:32 00:00	12:02 00:30	12:32 01:00	13:02 01:30	13:32 02:00	14:02 02:30	14:32 03:00	15:02 03:30	15:32 04:00	16:02 04:30	
Sunday	8th	05:02 17:34	05:32 18:04	06:02 18:34	06:32 19:04	07:02 19:34	07:32 20:04	08:52 21:24	10:52 23:24	11:02 23:34	11:32 00:04	12:02 00:34	12:32 01:04	13:02 01:34	13:32 02:04	14:02 02:34	14:32 03:04	15:02 03:34	15:32 04:04	16:02 04:34	16:32 05:04	17:02 05:34	
Monday	9th		06:09	06:39	07:09	07:39	08:09	08:39	09:59	11:59	12:09	12:39	13:09	13:39	14:09	14:39	15:09	15:39	16:09	16:39	17:09	17:39	18:09
Tuesday	10th	18:45 07:18	19:15 07:48	19:45 08:18	20:15 08:48	20:45 09:18	21:15 09:48	22:35 11:08	00:35 13:08	00:45 13:18	01:15 13:48	01:45 14:18	02:15 14:48	02:45 15:18	03:15 15:48	03:45 16:18	04:15 16:48	04:45 17:18	05:15 17:48	05:45 18:18	06:15 18:48	06:45 19:18	
Wednesday	11th	19:55 08:24	20:25 08:54	20:55 09:24	21:25 09:54	21:55 10:24	22:25 10:54	23:45 12:14	01:45 14:14	01:55 14:24	02:25 14:54	02:55 15:24	03:25 15:54	03:55 16:24	04:25 16:54	04:55 17:24	05:25 17:54	05:55 18:24	06:25 18:54	06:55 19:24	07:25 19:54	07:55 20:24	
Thursday	12th	20:59 09:26	21:29 09:56	21:59 10:26	22:29 10:56	22:59 11:26	23:29 11:56	00:49 13:16	02:49 15:16	02:59 15:26	03:29 15:56	03:59 16:26	04:29 16:56	04:59 17:26	05:29 17:56	05:59 18:26	06:29 18:56	06:59 19:26	07:29 19:56	07:59 20:26	08:29 20:56	08:59 21:26	
Friday	13th	21:57 10:23	22:27 10:53	22:57 11:23	23:27 11:53	23:57 12:23	00:27 12:53	01:47 14:13	03:47 16:13	03:57 16:23	04:27 16:53	04:57 17:23	05:27 17:53	05:57 18:23	06:27 18:53	06:57 19:23	07:27 19:53	07:57 20:23	08:27 20:53	08:57 21:23	09:27 21:53	09:57 22:23	
Saturday	14th	22:50 11:16	23:20 11:46	23:50 12:16	00:20 12:46	00:50 13:16	01:20 13:46	02:40 15:06	04:40 17:06	04:50 17:16	05:20 17:46	05:50 18:16	06:20 18:46	06:50 19:16	07:20 19:46	07:50 20:16	08:20 20:46	08:50 21:16	09:20 21:46	09:50 22:16	10:20 22:46	10:50 23:16	
Sunday-	15th	23:39 12:06	00:09 12:36	00:39 13:06	01:09 13:36	01:39 14:06	02:09 14:36	03:29 15:56	05:29 17:56	05:39 18:06	06:09 18:36	06:39 19:06	07:09 19:36	07:39 20:06	08:09 20:36	08:39 21:06	09:09 21:36	09:39 22:06	10:09 22:36	10:39 23:06	11:09 23:36	11:39 00:06	
Monday	16th	00:27 12:54	00:57 13:24	01:27 13:54	01:57 14:24	02:27 14:54	02:57 15:24	04:17 16:44	06:17 18:44	06:27 18:54	06:57 19:24	07:27 19:54	07:57 20:24	08:27 20:54	08:57 21:24	09:27 21:54	09:57 22:24	10:27 22:54	10:57 23:24	11:27 23:54	11:57 00:24	12:27 00:54	
Tuesday	17th	01:13 13:39	01:43 14:09	02:13 14:39	02:43 15:09	03:13 15:39	03:43 16:09	05:03 17:29	07:03 19:29	07:13 19:39	07:43 20:09	08:13 20:39	08:43 21:09	09:13 21:39	09:43 22:09	10:13 22:39	10:43 23:09	11:13 23:39	11:43 00:09	12:13 00:39	12:43 01:09	13:13 01:39	
Wednesday	18th	01:57 14:22	02:27 14:52	02:57 15:22	03:27 15:52	03:57 16:22	04:27 16:52	05:47 18:12	07:47 20:12	07:57 20:22	08:27 20:52	08:57 21:22	09:27 21:52	09:57 22:22	10:27 22:52	10:57 23:22	11:27 23:52	11:57 00:22	12:27 00:52	12:57 01:22	13:27 01:52	13:57 02:22	
Thursday	19th	02:40 15:04	03:10 15:34	03:40 16:04	04:10 16:34	04:40 17:04	05:10 17:34	06:30 18:54	08:30 20:54	08:40 21:04	09:10 21:34	09:40 22:04	10:10 22:34	10:40 23:04	11:10 23:34	11:40 00:04	12:10 00:34	12:40 01:04	13:10 01:34	13:40 02:04	14:10 02:34	14:40 03:04	
Friday	20th	03:22 15:45	03:52 16:15	04:22 16:45	04:52 17:15	05:22 17:45	05:52 18:15	07:12 19:35	09:12 21:35	09:22 21:45	09:52 22:15	10:22 22:45	10:52 23:15	11:22 23:45	11:52 00:15	12:22 00:45	12:52 01:15	13:22 01:45	13:52 02:15	14:22 02:45	14:52 03:15	15:22 03:45	
Saturday	21st	04:05 07:06	04:35 07:36	05:05 08:06	05:35 08:36	06:05 09:06	06:35 09:36	07:55 10:56	09:55 12:56	10:05 13:06	10:35 13:36	11:05 14:06	11:35 14:36	12:05 15:06	12:35 15:36	13:05 16:06	13:35 16:36	14:05 17:06	14:35 17:36	15:05 18:06	15:35 18:36	16:05 19:06	
Sunday-	22nd	04:50 17:18	05:20 17:48	05:50 18:18	06:20 18:48	06:50 19:18	07:20 19:48	08:40 21:08	10:40 23:08	10:50 23:18	11:20 23:48	11:50 00:18	12:20 00:48	12:50 01:18	13:20 01:48	13:50 02:18	14:20 02:48	14:50 03:18	15:20 03:48	15:50 04:18	16:20 04:48	16:50 05:18	
Monday	23rd	05:42	06:12	06:42	07:12	07:42	08:12	09:32	11:32	11:42	12:12	12:42	13:12	13:42	14:12	14:42	15:12	15:42	16:12	16:42	17:12	17:42	
Tuesday	24th	18:15 06:42	18:45 07:12	19:15 07:42	19:45 08:12	20:15 08:42	20:45 09:12	22:05 10:32	00:05 12:32	00:15 12:42	00:45 13:12	01:15 13:42	01:45 14:12	02:15 14:42	02:45 15:12	03:15 15:42	03:45 16:12	04:15 16:42	04:45 17:12	05:15 17:42	05:45 18:12	06:15 18:42	
Wednesday	25th	19:22	19:52	20:22	20:52	21:22	21:52	23:12	01:12	01:22	01:52	02:22	02:52	03:22	03:52	04:22	04:52	05:22	05:52	06:22	06:52	07:22	
Thursday	26th	20:28 08:52	20:58 09:22	21:28 09:52	21:58 10:22	22:28 10:52	22:58 11:22	00:18 12:42	02:18 14:42	02:28 14:52	02:58 15:22	03:28 15:52	03:58 16:22	04:28 16:52	04:58 17:22	05:28 17:52	05:58 18:22	06:28 18:52	06:58 19:22	07:28 19:52	07:58 20:22	08:28 20:52	
Friday	27th	21:25 09:47	21:55 10:17	22:25 10:47	22:55 11:17	23:25 11:47	23:55 12:17	01:15 13:37	03:15 15:37	03:25 15:47	03:55 16:17	04:25 16:47	04:55 17:17	05:25 17:47	05:55 18:17	06:25 18:47	06:55 19:17	07:25 19:47	07:55 20:17	08:25 20:47	08:55 21:17	09:25 21:47	
Saturday	28th	22:15 10:34	22:45 11:04	23:15 11:34	23:45 12:04	00:15 12:34	00:45 13:04	02:05 14:24	04:05 16:24	04:15 16:34	04:45 17:04	05:15 17:34	05:45 18:04	06:15 18:34	06:45 19:04	07:15 19:34	07:45 20:04	08:15 20:34	08:45 21:04	09:15 21:34	09:45 22:04	10:15 22:34	
Sunday	29th	22:58 11:18	23:28 11:48	23:58 12:18	00:28 12:48	00:58 13:18	01:28 13:48	02:48 15:08	04:48 17:08	04:58 17:18	05:28 17:48	05:58 18:18	06:28 18:48	06:58 19:18	07:28 19:48	07:58 20:18	08:28 20:48	08:58 21:18	09:28 21:48	09:58 22:18	10:28 22:48	10:58 23:18	
Monday	30th	23:39 11:58	00:09 12:28	00:39 12:58	01:09 13:28	0																	