

ALL TIMINGS ARE IN BST

July	2019	HW -6	HW - 5.5	HW -5	HW-4.5	HW -4	HW -3.5	HW -2.10	HW-0.10		HW+0.5	HW +1	HW +1.5	HW+2	HW+2.5	HW +3	HW +3.5	HW +4	HW +4.5	HW+5	HW+5.5	HW + 6
	Date	Access	Exit	Access	Exit	Access	Exit	Freeflow	Freeflow	HW	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit
Monday	1st	23:43	00:13	00:43	01:13	01:43	02:13	03:33	05:33	05:43	06:13	06:43	07:13	07:43	08:13	08:43	09:13	09:43	10:13	10:43	11:13	11:43
		12:06	12:36	13:06	13:36	14:06	14:36	15:56	17:56	18:06	18:36	19:06	19:36	20:06	20:36	21:06	21:36	22:06	22:36	23:06	23:36	00:06
Tuesday	2nd	00:30	01:00	01:30	02:00	02:30	03:00	04:20	06:20	06:30	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30
		12:52	13:22	13:52	14:22	14:52	15:22	16:42	18:42	18:52	19:22	19:52	20:22	20:52	21:22	21:52	22:22	22:52	23:22	23:52		
Wednesday	3rd	01:18	01:48	02:18	02:48	03:18	03:48	05:08	07:08	07:18	07:48	08:18	08:48	09:18	09:48	10:18	10:48	11:18	11:48	12:18		
				14:38	15:08	15:38	16:08	17:28	19:28	19:38	20:08	20:38	21:08	21:38	22:08	22:38	23:08	23:38	00:08	00:38		
Thursday	4th					04:05	04:35	05:55	07:55	08:05	08:35	09:05	09:35	10:05	10:35	11:05	11:35	12:05				
						16:25	16:55	18:15	20:15	20:25	20:55	21:25	21:55	22:25	22:55	23:25	23:55	00:25				
Friday	5th					04:53	05:23	06:43	08:43	08:53	09:23	09:53	10:23	10:53	11:23	11:53	12:23	12:53				
						17:13	17:43	19:03	21:03	21:13	21:43	22:13	22:43	23:13	23:43	00:13	00:43	01:13				
Saturday	6th					05:41	06:11	07:31	09:31	09:41	10:11	10:41	11:11	11:41	12:11	09:21	09:51	10:21				
						18:02	18:32	19:52	21:52	22:02	22:32	23:02	23:32	00:02	00:32	01:02	01:32	02:02				
Sunday	7th			05:30	06:00	06:30	07:00	08:20	10:20	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30		
		16:52	17:22	17:52	18:22	18:52	19:22	20:42	22:42	22:52	23:22	23:52	00:22	00:52	01:22	01:52	02:22	02:52	03:22	03:52	04:22	04:52
Monday	8th	05:21	05:51	06:21	06:51	07:21	07:51	09:11	11:11	11:21	11:51	12:21	12:51	13:21	13:51	14:21	14:51	15:21	15:51	16:21	16:51	17:21
		17:45	18:15	18:45	19:15	19:45	20:15	21:35	23:35	23:45	00:15	00:45	01:15	01:45	02:15	02:45	03:15	03:45	04:15	04:45	05:15	05:45
Tuesday	9th					06:16	06:46	07:16	07:46	08:16	08:46	09:16	09:46	10:16	10:46	11:16	11:46	12:16	12:46	13:16	13:46	14:16
						18:42	19:12	19:42	20:12	20:42	21:12	22:32	00:32	00:42	01:12	01:42	02:12	02:42	03:12	03:42	04:12	04:42
Wednesday	10th					07:17	07:47	08:17	08:47	09:17	09:47	11:07	13:07	13:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17
						19:46	20:16	20:46	21:16	21:46	22:16	23:36	01:36	01:46	02:16	02:46	03:16	03:46	04:16	04:46	05:16	05:46
Thursday	11th					08:24	08:54	09:24	09:54	10:24	10:54	12:14	14:14	14:24	14:54	15:24	15:54	16:24	16:54	17:24	17:54	18:24
						20:55	21:25	21:55	22:25	22:55	23:25	00:45	02:45	02:55	03:25	03:55	04:25	04:55	05:25	05:55	06:25	06:55
Friday	12th					09:33	10:03	10:33	11:03	11:33	12:03	13:23	15:23	15:33	16:03	16:33	17:03	17:33	18:03	18:33	19:03	19:33
						22:03	22:33	23:03	23:33	00:03	00:33	01:53	03:53	04:03	04:33	05:03	05:33	06:03	06:33	07:03	07:33	08:03
Saturday	13th					10:37	11:07	11:37	12:07	12:37	13:07	14:27	16:27	16:37	17:07	17:37	18:07	18:37	19:07	19:37	20:07	20:37
						23:05	23:35	00:05	00:35	01:05	01:35	02:55	04:55	05:05	05:35	06:05	06:35	07:05	07:35	08:05	08:35	09:05
Sunday	14th					11:33	12:03	12:33	13:03	13:33	14:03	15:23	17:23	17:33	18:03	18:33	19:03	19:33	20:03	20:33	21:03	21:33
						23:58	00:28	00:58	01:28	01:58	02:28	03:48	05:48	05:58	06:28	06:58	07:28	07:58	08:28	08:58	09:28	09:58
Monday	15th					12:21	12:51	13:21	13:51	14:21	14:51	16:11	18:11	18:21	18:51	19:21	19:51	20:21	20:51	21:21	21:51	22:21
						00:45	01:15	01:45	02:15	02:45	03:15	04:35	06:35	06:45	07:15	07:45	08:15	08:45	09:15	09:45	10:15	10:45
Tuesday	16th					13:04	13:34	14:04	14:34	15:04	15:34	16:54	18:54	19:04	19:34	20:04	20:34	21:04	21:34	22:04	22:34	23:04
						01:25	01:55	02:25	02:55	03:25	03:55	05:15	07:15	07:25	07:55	08:25	08:55	09:25	09:55	10:25	10:55	11:25
Wednesday	17th					13:43	14:13	14:43	15:13	15:43	16:13	17:33	19:33	19:43	20:13	20:43	21:13	21:43	22:13	22:43	23:13	23:43
						02:03	02:33	03:03	03:33	04:03	04:33	05:53	07:53	08:03	08:33	09:03	09:33	10:03	10:33	11:03	11:33	12:03
Thursday	18th					14:20	14:50	15:20	15:50	16:20	16:50	18:10	20:10	20:20	20:50	21:20	21:50	22:20	22:50	23:20	23:50	00:20
						02:37	03:07	03:37	04:07	04:37	05:07	06:27	08:27	08:37	09:07	09:37	10:07	10:37	11:07	11:37	12:07	12:37
Friday	19th					14:54	15:24	15:54	16:24	16:54	17:24	18:44	20:44	20:54	21:24	21:54	22:24	22:54	23:24	23:54	00:24	00:54
						03:11	03:41	04:11	04:41	05:11	05:41	07:01	09:01	09:11	09:41	10:11	10:41	11:11	11:41	12:11	12:41	13:11
Saturday	20th					15:28	15:58	16:28	16:58	17:28	17:58	19:18	21:18	21:28	21:58	22:28	22:58	23:28	23:58	00:28	00:58	01:28
						03:43	04:13	04:43	05:13	05:43	06:13	07:33	09:33	09:43	10:13	10:43	11:13	11:43	12:13	12:43	13:13	13:43
Sunday	21st					16:02	16:32	17:02	17:32	18:02	18:32	19:52	21:52	22:02	22:32	23:02	23:32	00:02	00:32	01:02	01:32	02:02
						04:17	04:47	05:17	05:47	06:17	06:47	08:07	10:07	10:17	10:47	11:17	11:47	12:17	12:47	13:17	13:47	14:17
Monday	22nd					16:36	17:06	17:36	18:06	18:36	19:06	20:26	22:26	22:36	23:06	23:36	00:06	00:36	01:06	01:36	02:06	02:36
						04:52	05:22	05:52	06:22	06:52	07:22	08:42	10:42	10:52	11:22	11:52	12:22	12:52	13:22	13:52	14:22	14:52
Tuesday	23rd					17:14	17:44	18:14	18:44	19:14	19:44	21:04	23:04	23:14	23:44	00:14	00:44	01:14	01:44	02:14	02:44	03:14
						05:32	06:02	06:32	07:02	07:32	08:02	09:22	11:22	11:32	12:02	12:32	13:02	13:32	14:02	14:32	15:02	15:32
Wednesday	24th					17:58	18:28	18:58	19:28	19:58	20:28	21:48	23:48	23:58	00:28	00:58	01:28	01:58	02:28	02:58	03:28	03:58
						06:21	06:51	07:21	07:51	08:21	08:51	10:11	12:11	12:21	12:51	13:21	13:51	14:21	14:51	15:21	15:51	16:21
Thursday	25th					18:52	19:22	19:52	20:22	20:52	21:22	22:42	00:42	00:52	01:22	01:52	02:22	02:52	03:22	03:52	04:22	04:52
						07:23	07:53	08:23	08:53	09:23	09:53	11:13	13:13	13:23	13:53	14:23	14:53	15:23	15:53	16:23	16:53	17:23
Friday	26th					19:59	20:29	20:59	21:29	21:59	22:29	23:49	01:49	01:59	02:29	02:59	03:29	03:59	04:29	04:59	05:29	05:59
						08:36	09:06	09:36	10:06	10:36	11:06	12:26	14:26	14:36	15:06	15:36	16:06	16:36	17:06	17:36	18:06	18:36
Saturday	27th					21:12	21:42	22:12	22:42</													