

AUGUST	2022	HW -6	HW -5.5	HW -5	HW-4.5	HW -4	HW -3.5	HW -2.10	HW-0.10		HW+0.5	HW +1	HW +1.5	HW+2	HW+2.5	HW +3	HW +3.5	HW +4	HW +4.5	HW+5	HW+5.5	HW + 6	
		Date	Access	Exit	Access	Exit	Access	Exit	Freeflow	Freeflow	HW	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit
BST																							
Monday	1st	03:18 15:32	03:48 16:02	04:18 16:32	04:48 17:02	05:18 17:32	05:48 18:02	07:08 19:22	09:08 21:22	09:18 21:32	09:48 22:02	10:18 22:32	10:48 23:02	11:18 23:32	11:48 00:02	12:18 00:32	12:48 01:02	13:18 01:32	13:48 02:02	14:18 02:32	14:48 03:02	15:18 03:32	
Tuesday	2nd	03:51 16:07	04:21 16:37	04:51 17:07	05:21 17:37	05:51 18:07	06:21 18:37	07:41 19:57	09:41 21:57	09:51 22:07	10:21 22:37	10:51 23:07	11:21 23:37	11:51 00:07	12:21 00:37	12:51 01:07	13:21 01:37	13:51 02:07	14:21 02:37	14:51 03:07	15:21 03:37	15:51 04:07	
Wednesday	3rd	04:27 16:44	04:57 17:14	05:27 17:44	05:57 18:14	06:27 18:44	06:57 19:14	08:17 20:34	10:17 22:34	10:27 22:44	10:57 23:14	11:27 23:44	11:57 00:14	12:27 00:44	12:57 01:14	13:27 01:44	13:57 02:14	14:27 02:44	14:57 03:14	15:27 03:44	15:57 04:14	16:27 04:44	
Thursday	4th	05:06 17:26	05:36 17:56	06:06 18:26	06:36 18:56	07:06 19:26	07:36 19:56	08:56 21:16	10:56 23:16	11:06 23:26	11:36 23:56	12:06 00:26	12:36 00:56	13:06 01:26	13:36 01:56	14:06 02:26	14:36 02:56	15:06 03:26	15:36 03:56	16:06 04:26	16:36 04:56	17:06 05:26	
Friday	5th	05:53	06:23	06:53	07:23	07:53	08:23	09:43	11:43	11:53	12:23	12:53	13:23	13:53	14:23	14:53	15:23	15:53	16:23	16:53	17:23	17:53	
Saturday	6th	18:17 06:52	18:47 07:22	19:17 07:52	19:47 08:22	20:17 08:52	20:47 09:22	22:07 10:42	00:07 12:42	00:17 12:52	00:47 13:22	01:17 13:52	01:47 14:22	02:17 14:52	02:47 15:22	03:17 15:52	03:47 16:22	04:17 16:52	04:47 17:22	05:17 17:52	05:47 18:22	06:17 18:52	
Sunday	7th	19:23 08:07	19:53 08:37	20:23 09:07	20:53 09:37	21:23 10:07	21:53 10:37	23:13 11:57	01:13 13:57	01:23 14:07	01:53 14:37	02:23 15:07	02:53 15:37	03:23 16:07	03:53 16:37	04:23 17:07	04:53 17:37	05:23 18:07	05:53 18:37	06:23 19:07	06:53 19:37	07:23 20:07	
Monday	8th	20:44 09:29	21:14 09:59	21:44 10:29	22:14 10:59	22:44 11:29	23:14 11:59	00:34 13:19	02:34 15:19	02:44 15:29	03:14 15:59	03:44 16:29	04:14 16:59	04:44 17:29	05:14 17:59	05:44 18:29	06:14 18:59	06:44 19:29	07:14 19:59	07:44 20:29	08:14 20:59	08:44 21:29	
Tuesday	9th	22:06 10:44	22:36 11:14	23:06 11:44	23:36 12:14	00:06 12:44	00:36 13:14	01:56 14:34	03:56 16:34	04:06 16:44	04:36 17:14	05:06 17:44	05:36 18:14	06:06 18:44	06:36 19:14	07:06 19:44	07:36 20:14	08:06 20:44	08:36 21:14	09:06 21:44	09:36 22:14	10:06 22:44	
Wednesday	10th	23:19 11:48	23:49 12:18	00:19 12:48	00:49 13:18	01:19 13:48	01:49 14:18	03:09 15:38	05:09 17:38	05:19 17:48	05:49 18:18	06:19 18:48	06:49 19:18	07:19 19:48	07:49 20:18	08:19 20:48	08:49 21:18	09:19 21:48	09:49 22:18	10:19 22:48	10:49 23:18	11:19 23:48	
Thursday	11th	00:20 12:44	00:50 13:14	01:20 13:44	01:50 14:14	02:20 14:44	02:50 15:14	04:10 16:34	06:10 18:34	06:20 18:44	06:50 19:14	07:20 19:44	07:50 20:14	08:20 20:44	08:50 21:14	09:20 21:44	09:50 22:14	10:20 22:44	10:50 23:14	11:20 23:44	11:50 00:14	12:20 00:44	
Friday	12th	01:12 13:33	01:42 14:03	02:12 14:33	02:42 15:03	03:12 15:33	03:42 16:03	05:02 17:23	07:02 19:23	07:12 19:33	07:42 20:03	08:12 20:33	08:42 21:03	09:12 21:33	09:42 22:03	10:12 22:33	10:42 23:03	11:12 23:33	11:42 00:03	12:12 00:33	12:42 01:03	13:12 01:33	
Saturday	13th	01:59 14:19	02:29 14:49	02:59 15:19	03:29 15:49	03:59 16:19	04:29 16:49	05:49 18:09	07:49 20:09	07:59 20:19	08:29 20:49	08:59 21:19	09:29 21:49	09:59 22:19	10:29 22:49	10:59 23:19	11:29 23:49	11:59 00:19	12:29 00:49	12:59 01:19	13:29 01:49	13:59 02:19	
Sunday	14th	02:42 15:02	03:12 15:32	03:42 16:02	04:12 16:32	04:42 17:02	05:12 17:32	06:32 18:52	08:32 20:52	08:42 21:02	09:12 21:32	09:42 22:02	10:12 22:32	10:42 23:02	11:12 00:02	11:42 00:32	12:12 01:02	12:42 01:32	13:12 02:02	13:42 02:32	14:12 03:02	14:42 03:32	
Monday	15th	03:24 15:43	03:54 16:13	04:24 16:43	04:54 17:13	05:24 17:43	05:54 18:13	07:14 19:33	09:14 21:33	09:24 21:43	09:54 22:13	10:24 22:43	10:54 23:13	11:24 23:43	11:54 00:13	12:24 00:43	12:54 01:13	13:24 01:43	13:54 02:13	14:24 02:43	14:54 03:13	15:24 03:43	
Tuesday	16th	04:03 16:22	04:33 16:52	05:03 17:22	05:33 17:52	06:03 18:22	06:33 18:52	07:53 20:12	09:53 22:12	10:03 22:22	10:33 22:52	11:03 23:22	11:33 23:52	12:03 00:22	12:33 00:52	13:03 01:22	13:33 01:52	14:03 02:22	14:33 02:52	15:03 03:22	15:33 03:52	16:03 04:22	
Wednesday	17th	04:40 17:01	05:10 17:31	05:40 18:01	06:10 18:31	06:40 19:01	07:10 19:31	08:30 20:51	10:30 22:51	10:40 23:01	11:10 23:31	11:40 00:01	12:10 00:31	12:40 01:01	13:10 01:31	13:40 02:01	14:10 02:31	14:40 03:01	15:10 03:31	15:40 04:01	16:10 04:31	16:40 05:01	
Thursday	18th	05:18 17:41	05:48 18:11	06:18 18:41	06:48 19:11	07:18 19:41	07:48 20:11	09:08 21:31	11:08 23:31	11:18 23:41	11:48 00:11	12:18 00:41	12:48 01:11	13:18 01:41	13:48 02:11	14:18 02:41	14:48 03:11	15:18 03:41	15:48 04:11	16:18 04:41	16:48 05:11	17:18 05:41	
Friday	19th	06:00	06:30	07:00	07:30	08:00	08:30	09:50	11:50	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	
Saturday	20th	18:28 06:54	18:58 07:24	19:28 07:54	19:58 08:24	20:28 08:54	20:58 09:24	22:18 10:44	00:18 12:44	00:28 12:54	00:58 13:24	01:28 13:54	01:58 14:24	02:28 14:54	02:58 15:24	03:28 15:54	03:58 16:24	04:28 16:54	04:58 17:24	05:28 17:54	05:58 18:24	06:28 18:54	
Sunday	21st	19:32 08:14	20:02 08:44	20:32 09:14	21:02 09:44	21:32 10:14	22:02 10:44	23:22 12:04	01:22 14:04	01:32 14:14	02:02 14:44	02:32 15:14	03:02 15:44	03:32 16:14	04:02 16:44	04:32 17:14	05:02 17:44	05:32 18:14	06:02 18:44	06:32 19:14	07:02 19:44	07:32 20:14	
Monday	22nd	21:01 09:46	21:31 10:16	22:01 10:46	22:31 11:16	23:01 11:46	23:31 12:16	00:51 13:36	02:51 15:36	03:01 15:46	03:31 16:16	04:01 16:46	04:31 17:16	05:01 17:46	05:31 18:16	06:01 18:46	06:31 19:16	07:01 19:46	07:31 20:16	08:01 20:46	08:31 21:16	09:01 21:46	
Tuesday	23rd	22:24 10:55	22:54 11:25	23:24 11:55	23:54 12:25	00:24 12:55	00:54 13:25	02:14 14:45	04:14 16:45	04:24 16:55	04:54 17:25	05:24 17:55	05:54 18:25	06:24 18:55	06:54 19:25	07:24 19:55	07:54 20:25	08:24 20:55	08:54 21:25	09:24 21:55	09:54 22:25	10:24 22:55	
Wednesday	24th	23:23 11:44	23:53 12:14	00:23 12:44	00:53 13:14	01:23 13:44	01:53 14:14	03:13 15:34	05:13 17:34	05:23 17:44	05:53 18:14	06:23 18:44	06:53 19:14	07:23 19:44	07:53 20:14	08:23 20:44	08:53 21:14	09:23 21:44	09:53 22:14	10:23 22:44	10:53 23:14	11:23 23:44	
Thursday	25th	00:06 12:23	00:36 12:53	01:06 13:23	01:36 13:53	02:06 14:23	02:36 14:53	03:56 16:13	05:56 18:13	06:06 18:23	06:36 18:53	07:06 19:23	07:36 19:53	08:06 20:23	08:36 20:53	09:06 21:23	09:36 21:53	10:06 22:23	10:36 22:53	11:06 23:23	11:36 23:53	12:06 00:23	
Friday	26th	00:43 12:58	01:13 13:28	01:43 13:58	02:13 14:28	02:43 14:58	03:13 15:28	04:33 16:48	06:33 18:48	06:43 18:58	07:13 19:28	07:43 19:58	08:13 20:28	08:43 20:58	09:13 21:28	09:43 21:58	10:13 22:28	10:43 22:58	11:13 23:28	11:43 23:58	12:13 00:28	12:43 00:58	
Saturday	27th	01:17 13:31	01:47 14:01	02:17 14:31	02:47 15:01	03:17 15:31	03:47 16:01	05:07 17:21	07:07 19:21	07:17 19:31	07:47 20:01	08:17 20:31	08:47 21:01	09:17 21:31	09:47 22:01	10:17 22:31	10:47 23:01	11:17 23:31	11:47 00:01	12:17 00:31	12:47 01:01	13:17 01:31	
Sunday	28th	01:49 14:03	02:19 14:33	02:49 15:03	03:19 15:33	03:49 16:03	04:19 16:33	05:39 17:53	07:39 19:53	07:49 20:03	08:19 20:33	08:49 21:03	09:19 21:33	09:49 22:03	10:19 22:33	10:49 23:03	11:19 23:33	11:49 00:03	12:19 00:33	12:49 01:03	13:19 01:33	13:49 02:03	
Monday	29th	02:21 14:35	02:51 15:05	03:21 15:35	03:51 16:05	04:21 16:35	04:51 17:05	06:11 18:25	08:11 20:25	08:21 20:35	08:51 21:05	09:21 21:35	09:51 22:05	10:21 22:35	10:51 23:05	11:21 23:35	11:51 00:05	12:21 00:35	12:51 01:05	13:21 01:35	13:51 02:05	14:21 02:35	
Tuesday	30th	02:53 15:07	03:23 15:37	03:53 16:07	04:23 16:37	04:53 17:07	05:23 17:37	06:43 18:57	08:43 20:57	08:53 21:07	09:23 21:37	09:53 22:07	10:23 22:37	10:53 23:07	11:23 23:37	11:53 00:07	12:23 00:37	12:53 01:07	13:23 01:37	13:53 02:07	14:23 02:37	14:53 03:07	
Wednesday	31st	03:26 15:41	03:56 16:11	04:26 16:41	04:56 17:11	05:26 																	