

JULY	2022	HW -6	HW -5.5	HW -5	HW-4.5	HW -4	HW -3.5	HW -2.10	HW-0.10	HW	HW+0.5	HW +1	HW +1.5	HW+2	HW+2.5	HW +3	HW +3.5	HW +4	HW +4.5	HW+5	HW+5.5	HW + 6	
	BST	Date	Access	Exit	Access	Exit	Access	Exit	Freeflow	Freeflow	HW	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit
Friday	1st	02:27 14:42	02:57 15:12	03:27 15:42	03:57 16:12	04:27 16:42	04:57 17:12	05:27 17:42	06:17 18:32	08:17 20:32	08:27 20:42	08:57 21:12	09:27 21:42	09:57 22:12	10:27 22:42	10:57 23:12	11:27 23:42	11:57 00:12	12:27 00:42	12:57 01:12	13:27 01:42	13:57 02:12	14:27 02:42
Saturday	2nd	03:02 15:16	03:32 15:46	04:02 16:16	04:32 16:46	05:02 17:16	05:32 17:46	06:52 19:06	08:52 21:06	09:02 21:16	09:32 21:46	10:02 22:16	10:32 22:46	11:02 23:16	11:32 23:46	12:02 00:16	12:32 00:46	13:02 01:16	13:32 01:46	14:02 02:16	14:32 02:46	15:02 03:16	15:02 03:16
Sunday	3rd	03:37 15:52	04:07 16:22	04:37 16:52	05:07 17:22	05:37 17:52	06:07 18:22	07:27 19:42	09:27 21:42	09:37 21:52	10:07 22:22	10:37 22:52	11:07 23:22	11:37 23:52	12:07 00:22	12:37 00:52	13:07 01:22	13:37 01:52	14:07 02:22	14:37 02:52	15:07 03:22	15:37 03:52	15:37 03:52
Monday	4th	04:14 16:30	04:44 17:00	05:14 17:30	05:44 18:00	06:14 18:30	06:44 19:00	08:04 20:20	10:04 22:20	10:14 22:30	10:44 23:00	11:14 23:30	11:44 00:00	12:14 00:30	12:44 01:00	13:14 01:30	13:44 02:00	14:14 02:30	14:44 03:00	15:14 03:30	15:44 04:00	16:14 04:30	16:14 04:30
Tuesday	5th	04:54 17:13	05:24 17:43	05:54 18:13	06:24 18:43	06:54 19:13	07:24 19:43	08:44 21:03	10:44 23:03	10:54 23:13	11:24 23:43	11:54 00:13	12:24 00:43	12:54 01:13	13:24 01:43	13:54 02:13	14:24 02:43	14:54 03:13	15:24 03:43	15:54 04:13	16:24 04:43	16:54 05:13	16:54 05:13
Wednesday	6th	05:40	06:10	06:40	07:10	07:40	08:10	09:30	11:30	11:40	12:10	12:40	13:10	13:40	14:10	14:40	15:10	15:40	16:10	16:40	17:10	17:40	17:40
Thursday	7th	18:02 06:33	18:32 07:03	19:02 07:33	19:32 08:03	20:02 08:33	20:32 09:03	21:52 10:23	23:52 12:23	00:02 12:33	00:32 13:03	01:02 13:33	01:32 14:03	02:02 14:33	02:32 15:03	03:02 15:33	03:32 16:03	04:02 16:33	04:32 17:03	05:02 17:33	05:32 18:03	06:02 18:33	06:02 18:33
Friday	8th	18:59 07:36	19:29 08:06	19:59 08:36	20:29 09:06	20:59 09:36	21:29 10:06	22:49 11:26	00:49 13:26	00:59 13:36	01:29 14:06	01:59 14:36	02:29 15:06	02:59 15:36	03:29 16:06	03:59 16:36	04:29 17:06	04:59 17:36	05:29 18:06	05:59 18:36	06:29 19:06	06:59 19:36	06:59 19:36
Saturday	9th	20:05 08:45	20:35 09:15	21:05 09:45	21:35 10:15	22:05 10:45	22:35 11:15	23:55 12:35	01:55 14:35	02:05 14:45	02:35 15:15	03:05 15:45	03:35 16:15	04:05 16:45	04:35 17:15	05:05 17:45	05:35 18:15	06:05 18:45	06:35 19:15	07:05 19:45	07:35 20:15	08:05 20:45	08:05 20:45
Sunday	10th	21:14 09:53	21:44 10:23	22:14 10:53	22:44 11:23	23:14 11:53	23:44 12:23	01:04 13:43	03:04 15:43	03:14 15:53	03:44 16:23	04:14 16:53	04:44 17:23	05:14 17:53	05:44 18:23	06:14 18:53	06:44 19:23	07:14 19:53	07:44 20:23	08:14 20:53	08:44 21:23	09:14 21:53	09:14 21:53
Monday	11th	22:21 10:56	22:51 11:26	23:21 11:56	23:51 12:26	00:21 12:56	00:51 13:26	02:11 14:46	04:11 16:46	04:21 16:56	04:51 17:26	05:21 17:56	05:51 18:26	06:21 18:56	06:51 19:26	07:21 19:56	07:51 20:26	08:21 20:56	08:51 21:26	09:21 21:56	09:51 22:26	10:21 22:56	10:21 22:56
Tuesday	12th	23:24 11:54	23:54 12:24	00:24 12:54	00:54 13:24	01:24 13:54	01:54 14:24	03:14 15:44	05:14 17:44	05:24 17:54	05:54 18:24	06:24 18:54	06:54 19:24	07:24 19:54	07:54 20:24	08:24 20:54	08:54 21:24	09:24 21:54	09:54 22:24	10:24 22:54	10:54 23:24	11:24 23:54	11:24 23:54
Wednesday	13th	00:24 12:50	00:54 13:20	01:24 13:50	01:54 14:20	02:24 14:50	02:54 15:20	04:14 16:40	06:14 18:40	06:24 18:50	06:54 19:20	07:24 19:50	07:54 20:20	08:24 20:50	08:54 21:20	09:24 21:50	09:54 22:20	10:24 22:50	10:54 23:20	11:24 23:50	11:54 00:20	12:24 00:50	12:24 00:50
Thursday	14th	01:18 13:42	01:48 14:12	02:18 14:42	02:48 15:12	03:18 15:42	03:48 16:12	05:08 17:32	07:08 19:32	07:18 19:42	07:48 20:12	08:18 20:42	08:48 21:12	09:18 21:42	09:48 22:12	10:18 22:42	10:48 23:12	11:18 23:42	11:48 00:12	12:18 00:42	12:48 01:12	13:18 01:42	13:18 01:42
Friday	15th	02:10 14:33	02:40 15:03	03:10 15:33	03:40 16:03	04:10 16:33	04:40 17:03	06:00 18:23	08:00 20:23	08:10 20:33	08:40 21:03	09:10 21:33	09:40 22:03	10:10 22:33	10:40 23:03	11:10 23:33	11:40 00:03	12:10 00:33	12:40 01:03	13:10 01:33	13:40 02:03	14:10 02:33	14:10 02:33
Saturday	16th	02:59 15:20	03:29 15:50	03:59 16:20	04:29 16:50	04:59 17:20	05:29 17:50	06:49 19:10	08:49 21:10	08:59 21:20	09:29 21:50	09:59 22:20	10:29 22:50	10:59 23:20	11:29 23:50	11:59 00:20	12:29 00:50	12:59 01:20	13:29 01:50	13:59 02:20	14:29 02:50	14:59 03:20	14:59 03:20
Sunday	17th	03:46 16:08	04:16 16:38	04:46 17:08	05:16 17:38	05:46 18:08	06:16 18:38	07:36 19:58	09:36 21:58	09:46 22:08	10:16 22:38	10:46 23:08	11:16 23:38	11:46 00:08	12:16 00:38	12:46 01:08	13:16 01:38	13:46 02:08	14:16 02:38	14:46 03:08	15:16 03:38	15:46 04:08	15:46 04:08
Monday	18th	04:31 16:54	05:01 17:24	05:31 17:54	06:01 18:24	06:31 18:54	07:01 19:24	08:21 20:44	10:21 22:44	10:31 22:54	11:01 23:24	11:31 23:54	12:01 00:24	12:31 00:54	13:01 01:24	13:31 01:54	14:01 02:24	14:31 02:54	15:01 03:24	15:31 03:54	16:01 04:24	16:31 04:54	16:31 04:54
Tuesday	19th	05:16 17:40	05:46 18:10	06:16 18:40	06:46 19:10	07:16 19:40	07:46 20:10	09:06 21:30	11:06 23:30	11:16 23:40	11:46 00:10	12:16 00:40	12:46 01:10	13:16 01:40	13:46 02:10	14:16 02:40	14:46 03:10	15:16 03:40	15:46 04:10	16:16 04:40	16:46 05:10	17:16 05:40	17:16 05:40
Wednesday	20th	06:03	06:33	07:03	07:33	08:03	08:33	09:53	11:53	12:03	12:33	13:03	13:33	14:03	14:33	15:03	15:33	16:03	16:33	17:03	17:33	18:03	18:03
Thursday	21st	18:29 06:54	18:59 07:24	19:29 07:54	19:59 08:24	20:29 08:54	20:59 09:24	22:19 10:44	00:19 12:44	00:29 12:54	00:59 13:24	01:29 13:54	01:59 14:24	02:29 14:54	02:59 15:24	03:29 15:54	03:59 16:24	04:29 16:54	04:59 17:24	05:29 17:54	05:59 18:24	06:29 18:54	06:29 18:54
Friday	22nd	19:24 07:56	19:54 08:26	20:24 08:56	20:54 09:26	21:24 09:56	21:54 10:26	23:14 11:46	01:14 13:46	01:24 13:56	01:54 14:26	02:24 14:56	02:54 15:26	03:24 15:56	03:54 16:26	04:24 16:56	04:54 17:26	05:24 17:56	05:54 18:26	06:24 18:56	06:54 19:26	07:24 19:56	07:24 19:56
Saturday	23rd	20:30 09:06	21:00 09:36	21:30 10:06	22:00 10:36	22:30 11:06	23:00 11:36	00:20 12:56	02:20 14:56	02:30 15:06	03:00 15:36	03:30 16:06	04:00 16:36	04:30 17:06	05:00 17:36	05:30 18:06	06:00 18:36	06:30 19:06	07:00 19:36	07:30 20:06	08:00 20:36	08:30 21:06	08:30 21:06
Sunday	24th	21:39 10:15	22:09 10:45	22:39 11:15	23:09 11:45	23:39 12:15	00:09 12:45	01:29 14:05	03:29 16:05	03:39 16:15	04:09 16:45	04:39 17:15	05:09 17:45	05:39 18:15	06:09 18:45	06:39 19:15	07:09 19:45	07:39 20:15	08:09 20:45	08:39 21:15	09:09 21:45	09:39 22:15	09:39 22:15
Monday	25th	22:45 11:13	23:15 11:43	23:45 12:13	00:15 12:43	00:45 13:13	01:15 13:43	02:35 15:03	04:35 17:03	04:45 17:13	05:15 17:43	05:45 18:13	06:15 18:43	06:45 19:13	07:15 19:43	07:45 20:13	08:15 20:43	08:45 21:13	09:15 21:43	09:45 22:13	10:15 22:43	10:45 23:13	10:45 23:13
Tuesday	26th	23:39 12:01	00:09 12:31	00:39 13:01	01:09 13:31	01:39 14:01	02:09 14:31	03:29 15:51	05:29 17:51	05:39 18:01	06:09 18:31	06:39 19:01	07:09 19:31	07:39 20:01	08:09 20:31	08:39 21:01	09:09 21:31	09:39 22:01	10:09 22:31	10:39 23:01	11:09 23:31	11:39 00:01	11:39 00:01
Wednesday	27th	00:24 12:42	00:54 13:12	01:24 13:42	01:54 14:12	02:24 14:42	02:54 15:12	04:14 16:32	06:14 18:32	06:24 18:42	06:54 19:12	07:24 19:42	07:54 20:12	08:24 20:42	08:54 21:12	09:24 21:42	09:54 22:12	10:24 22:42	10:54 23:12	11:24 23:42	11:54 00:12	12:24 00:42	12:24 00:42
Thursday	28th	01:03 13:18	01:33 13:48	02:03 14:18	02:33 14:48	03:03 15:18	03:33 15:48	04:53 17:08	06:53 19:08	07:03 19:18	07:33 19:48	08:03 20:18	08:33 20:48	09:03 21:18	09:33 21:48	10:03 22:18	10:33 22:48	11:03 23:18	11:33 23:48	12:03 00:18	12:33 00:48	13:03 01:18	13:03 01:18
Friday	29th	01:38 13:52	02:08 14:22	02:38 14:52	03:08 15:22	03:38 15:52	04:08 16:22	05:28 17:42	07:28 19:42	07:38 19:52	08:08 20:22	08:38 20:52	09:08 21:22	09:38 21:52	10:08 22:22	10:38 22:52	11:08 23:22	11:38 23:52	12:08 00:22	12:38 00:52	13:08 01:22	13:38 01:52	13:38 01:52
Saturday	30th	02:12 14:26	02:42 14:56	03:12 15:26	03:42 15:56	04																	