

MAY	2023		HW -6	HW -5.5	HW -5	HW -4.5	HW -4	HW -3.5	HW -2.10	HW -0.10		HW +0.5	HW +1	HW +1.5	HW +2	HW +2.5	HW +3	HW +3.5	HW +4	HW +4.5	HW +5	HW +5.5	HW +6	
	BST	Date	Access	Exit	Access	Exit	Access	Exit	Freeflow	Freeflow	HW	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	
Monday	1st	22:12	22:42	23:12	23:42	00:12	00:42	02:02	04:02	04:12	04:42	05:12	05:42	06:12	06:42	07:12	07:42	08:12	08:42	09:12	09:42	10:12		
		10:42	11:12	11:42	12:12	12:42	13:12	13:42	14:32	16:32	16:42	17:12	17:42	18:12	18:42	19:12	19:42	20:12	20:42	21:12	21:42	22:12	22:42	
Tuesday	2nd	22:57	23:27	23:57	00:27	00:57	01:27	02:47	04:47	04:57	05:27	05:57	06:27	06:57	07:27	07:57	08:27	08:57	09:27	09:57	10:27	10:57		
		11:22	11:52	12:22	12:52	13:22	13:52	15:12	17:12	17:22	17:52	18:22	18:52	19:22	19:52	20:22	20:52	21:22	21:52	22:22	22:52	23:22		
Wednesday	3rd	23:36	00:06	00:36	01:06	01:36	02:06	03:26	05:26	05:36	06:06	06:36	07:06	07:36	08:06	08:36	09:06	09:36	10:06	10:36	11:06	11:36		
		11:57	12:27	12:57	13:27	13:57	14:27	15:47	17:47	17:57	18:27	18:57	19:27	19:57	20:27	20:57	21:27	21:57	22:27	22:57	23:27	23:57		
Thursday	4th	00:12	00:42	01:12	01:42	02:12	02:42	04:02	06:02	06:12	06:42	07:12	07:42	08:12	08:42	09:12	09:42	10:12	10:42	11:12	11:42	12:12		
		12:32	13:02	13:32	14:02	14:32	15:02	16:22	18:22	18:32	19:02	19:32	20:02	20:32	21:02	21:32	22:02	22:32	23:02	23:32	00:02	00:32		
Friday	5th	00:47	01:17	01:47	02:17	02:47	03:17	04:37	06:37	06:47	07:17	07:47	08:17	08:47	09:17	09:47	10:17	10:47	11:17	11:47	12:17	12:47		
		13:06	13:36	14:06	14:36	15:06	15:36	16:56	18:56	19:06	19:36	20:06	20:36	21:06	21:36	22:06	22:36	23:06	23:36	00:06	00:36	01:06		
Saturday	6th	01:23	01:53	02:23	02:53	03:23	03:53	05:13	07:13	07:23	07:53	08:23	08:53	09:23	09:53	10:23	10:53	11:23	11:53	12:23	13:23			
		13:42	14:12	14:42	15:12	15:42	16:12	17:32	19:32	19:42	20:12	20:42	21:12	21:42	22:12	22:42	23:12	23:42	00:12	00:42	01:12	01:42		
Sunday	7th	02:00	02:30	03:00	03:30	04:00	04:30	05:50	07:50	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00		
		14:18	14:48	15:18	15:48	16:18	16:48	18:08	20:08	20:18	20:48	21:18	21:48	22:18	22:48	23:18	23:48	00:18	00:48	01:18	01:48	02:18		
Monday	8th	02:38	03:08	03:38	04:08	04:38	05:08	06:28	08:28	08:38	09:08	09:38	10:08	10:38	11:08	11:38	12:08	12:38	13:08	13:38	14:08	14:38		
		14:57	15:27	15:57	16:27	16:57	17:27	18:47	20:47	20:57	21:27	21:57	22:27	22:57	23:27	23:57	00:27	00:57	01:27	01:57	02:27	02:57		
Tuesday	9th	03:19	03:49	04:19	04:49	05:19	05:49	07:09	09:09	09:19	09:49	10:19	10:49	11:19	11:49	12:19	12:49	13:19	13:49	14:19	14:49	15:19		
		15:40	16:10	16:40	17:10	17:40	18:10	19:30	21:30	21:40	22:10	22:40	23:10	23:40	00:10	00:40	01:10	01:40	02:10	02:40	03:10	03:40		
Wednesday	10th	04:05	04:35	05:05	05:35	06:05	06:35	07:55	09:55	10:05	10:35	11:05	11:35	12:05	12:35	13:05	13:35	14:05	14:35	15:05	15:35	16:05		
		16:30	17:00	17:30	18:00	18:30	19:00	20:20	22:20	22:30	23:00	23:30	00:00	00:30	01:00	01:30	02:00	02:30	03:00	03:30	04:00	04:30		
Thursday	11th	04:59	05:29	05:59	06:29	06:59	07:29	08:49	10:49	10:59	11:29	11:59	12:29	12:59	13:29	13:59	14:29	14:59	15:29	15:59	16:29	16:59		
		17:30	18:00	18:30	19:00	19:30	20:00	21:20	23:20	23:30	00:00	00:30	01:00	01:30	02:00	02:30	03:00	03:30	04:00	04:30	05:00	05:30		
Friday	12th	06:07	06:37	07:07	07:37	08:07	08:37	09:57	11:57	12:07	12:37	13:07	13:37	14:07	14:37	15:07	15:37	16:07	16:37	17:07	17:37	18:07		
		18:44	19:14	19:44	20:14	20:44	21:14	22:34	00:34	00:44	01:14	01:44	02:14	02:44	03:14	03:44	04:14	04:44	05:14	05:44	06:14	06:44		
Saturday	13th	07:28	07:58	08:28	08:58	09:28	09:58	11:18	13:18	13:28	13:58	14:28	14:58	15:28	15:58	16:28	16:58	17:28	17:58	18:28	18:58	19:28		
		20:06	20:36	21:06	21:36	22:06	22:36	23:56	01:56	02:06	02:36	03:06	03:36	04:06	04:36	05:06	05:36	06:06	06:36	07:06	07:36	08:06		
Sunday	14th	08:51	09:21	09:51	10:21	10:51	11:21	12:41	14:41	14:51	15:21	15:51	16:21	16:51	17:21	17:51	18:21	18:51	19:21	19:51	20:21	20:51		
		21:21	21:51	22:21	22:51	23:21	23:51	01:11	03:11	03:21	03:51	04:21	04:51	05:21	05:51	06:21	06:51	07:21	07:51	08:21	08:51	09:21		
Monday	15th	10:00	10:30	11:00	11:30	12:00	12:30	13:50	15:50	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00		
		22:24	22:54	23:24	23:54	00:24	00:54	02:14	04:14	04:24	04:54	05:24	05:54	06:24	06:54	07:24	07:54	08:24	08:54	09:24	09:54	10:24		
Tuesday	16th	10:55	11:25	11:55	12:25	12:55	13:25	14:45	16:45	16:55	17:25	17:55	18:25	18:55	19:25	19:55	20:25	20:55	21:25	21:55	22:25	22:55		
		23:16	23:46	00:16	00:46	01:16	01:46	03:06	05:06	05:16	05:46	06:16	06:46	07:16	07:46	08:16	08:46	09:16	09:46	10:16	10:46	11:16		
Wednesday	17th	11:42	12:12	12:42	13:12	13:42	14:12	15:32	17:32	17:42	18:12	18:42	19:12	19:42	20:12	20:42	21:12	21:42	22:12	22:42	23:12	23:42		
		00:03	00:33	01:03	01:33	02:03	02:33	03:53	05:53	06:03	06:33	07:03	07:33	08:03	08:33	09:03	09:33	10:03	10:33	11:03	11:33	12:03		
Thursday	18th	12:24	12:54	13:24	13:54	14:24	14:54	16:14	18:14	18:24	18:54	19:24	19:54	20:24	20:54	21:24	21:54	22:24	22:54	23:24	23:54	00:24		
		00:45	01:15	01:45	02:15	02:45	03:15	04:35	06:35	06:45	07:15	07:45	08:15	08:45	09:15	09:45	10:15	10:45	11:15	11:45	12:15	12:45		
Friday	19th	13:04	13:34	14:04	14:34	15:04	15:34	16:54	18:54	19:04	19:34	20:04	20:34	21:04	21:34	22:04	22:34	23:04	23:34	00:04	00:34	01:04		
		01:24	01:54	02:24	02:54	03:24	03:54	05:14	07:14	07:24	07:54	08:24	08:54	09:24	09:54	10:24	10:54	11:24	11:54	12:24	12:54	13:24		
Saturday	20th	13:42	14:12	14:42	15:12	15:42	16:12	17:32	19:32	19:42	20:12	20:42	21:12	21:42	22:12	22:42	23:12	23:42	00:12	00:42	01:12	01:42		
		02:03	02:33	03:03	03:33	04:03	04:33	05:53	07:53	08:03	08:33	09:03	09:33	10:03	10:33	11:03	11:33	12:03	12:33	13:03	13:33	14:03		
Sunday	21st	14:18	14:48	15:18	15:48	16:18	16:48	18:08	20:08	20:18	20:48	21:18	21:48	22:18	22:48	23:18	23:48	00:18	00:48	01:18	01:48	02:18		
		02:39	03:09	03:39	04:09	04:39	05:09	06:29	08:29	08:39	09:09	09:39	10:09	10:39	11:09	11:39	12:09	12:39	13:09	13:39	14:09	14:39		
Monday	22nd	14:54	15:24	15:54	16:24	16:54	17:24	18:44	20:44	20:54	21:24	21:54	22:24	22:54	23:24	23:54	00:24	00:54	01:24	01:54	02:24	02:54		
		03:15	03:45	04:15	04:45	05:15	05:45	07:05	09:05	09:15	09:45	10:15	10:45	11:15	11:45	12:15	12:45	13:15	13:45	14:15	14:45	15:15		
Tuesday	23rd	15:29	15:59	16:29	16:59	17:29	17:59	19:19	21:19	21:29	21:59	22:29	22:59	23:29	23:59	00:29	00:59	01:29	01:59	02:29	02:59	03:29		
		03:52	04:22	04:52	05:22	05:52	06:22	07:42	09:42	09:52	10:22	10:52	11:22	11:52	12:22	12:52	13:22	13:52	14:22	14:52	15:22	15:52		
Wednesday	24th																							