

JULY BST	2026	HW -6	HW -5.5	HW -5	HW-4.5	HW -4	HW -3.5	HW -2.10	HW-0.10		HW+0.5	HW +1	HW +1.5	HW+2	HW+2.5	HW +3	HW +3.5	HW +4	HW +4.5	HW+5	HW+5.5	HW + 6
	Date	Access	Exit	Access	Exit	Access	Exit	Freeflow	Freeflow	HW	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit
Wednesday	1st	01:56 14:12	02:26 14:42	02:56 15:12	03:26 15:42	03:56 16:12	04:26 16:42	05:46 18:02	07:46 20:02	07:56 20:12	08:26 20:42	08:56 21:12	09:26 21:42	09:56 22:12	10:26 22:42	10:56 23:12	11:26 23:42	11:56 00:12	12:26 00:42	12:56 01:12	13:26 01:42	13:56 02:12
Thursday	2nd	02:30 14:48	03:00 15:18	03:30 15:48	04:00 16:18	04:30 16:48	05:00 17:18	06:20 18:38	08:20 20:38	08:30 20:48	09:00 21:18	09:30 21:48	10:00 22:18	10:30 22:48	11:00 23:18	11:30 23:48	12:00 00:18	12:30 00:48	13:00 01:18	13:30 01:48	14:00 02:18	14:30 02:48
Friday	3rd	03:05 15:23	03:35 15:53	04:05 16:23	04:35 16:53	05:05 17:23	05:35 17:53	06:55 19:13	08:55 21:13	09:05 21:23	09:35 21:53	10:05 22:23	10:35 22:53	11:05 23:23	11:35 23:53	12:05 00:23	12:35 00:53	13:05 01:23	13:35 01:53	14:05 02:23	14:35 02:53	15:05 03:23
Saturday	4th	03:39 15:59	04:09 16:29	04:39 16:59	05:09 17:29	05:39 17:59	06:09 18:29	07:29 19:49	09:29 21:49	09:39 21:59	10:09 22:29	10:39 22:59	11:09 23:29	11:39 23:59	12:09 00:29	12:39 00:59	13:09 01:29	13:39 01:59	14:09 02:29	14:39 02:59	15:09 03:29	15:39 03:59
Sunday	5th	04:17 15:38	04:47 16:08	05:17 16:38	05:47 17:08	06:17 17:38	06:47 18:08	08:07 19:28	10:07 21:28	10:17 21:38	10:47 22:08	11:17 22:38	11:47 23:08	12:17 23:38	12:47 00:08	13:17 00:38	13:47 01:08	14:17 01:38	14:47 02:08	15:17 02:38	15:47 03:08	16:17 03:38
Monday	6th	04:57 17:21	05:27 17:51	05:57 18:21	06:27 18:51	06:57 19:21	07:27 19:51	08:47 21:11	10:47 23:11	10:57 23:21	11:27 23:51	11:57 00:21	12:27 00:51	12:57 01:21	13:27 01:51	13:57 02:21	14:27 02:51	14:57 03:21	15:27 03:51	15:57 04:21	16:27 04:51	16:57 05:21
Tuesday	7th	05:42	06:12	06:42	07:12	07:42	08:12	09:32	11:32	11:42	12:12	12:42	13:12	13:42	14:12	14:42	13:30	14:00	14:30	15:00	15:30	16:00
Wednesday	8th	18:09 06:36	18:39 07:06	19:09 07:36	19:39 08:06	20:09 08:36	20:39 09:06	21:59 10:26	23:59 12:26	00:09 12:36	00:39 13:06	01:09 13:36	01:39 14:06	02:09 14:36	02:39 15:06	03:09 15:36	03:39 16:06	04:09 16:36	04:39 17:06	05:09 17:36	05:39 18:06	06:09 18:36
Thursday	9th	19:08 07:40	19:38 08:10	20:08 08:40	20:38 09:10	21:08 09:40	21:38 10:10	22:58 11:30	00:58 13:30	01:08 13:40	01:38 14:10	02:08 14:40	02:38 15:10	03:08 15:40	03:38 16:10	04:08 16:40	04:38 17:10	05:08 17:40	05:38 18:10	06:08 18:40	06:38 19:10	07:08 19:40
Friday	10th	20:16 08:53	20:46 09:23	21:16 09:53	21:46 10:23	22:16 10:53	22:46 11:23	00:06 12:43	02:06 14:43	02:16 14:53	02:46 15:23	03:16 15:53	03:46 16:23	04:16 16:53	04:46 17:23	05:16 17:53	05:46 18:23	06:16 18:53	06:46 19:23	07:16 19:53	07:46 20:23	08:16 20:53
Saturday	11th	21:30 10:06	22:00 10:36	22:30 11:06	23:00 11:36	23:30 12:06	00:00 12:36	01:20 13:56	03:20 15:56	03:30 16:06	04:00 16:36	04:30 17:06	05:00 17:36	05:30 18:06	06:00 18:36	06:30 19:06	07:00 19:36	07:30 20:06	08:00 20:36	08:30 21:06	09:00 21:36	09:30 22:06
Sunday	12th	22:42 11:12	23:12 11:42	23:42 12:12	00:12 12:42	00:42 13:12	01:12 13:42	02:32 15:02	04:32 17:02	04:42 17:12	05:12 17:42	05:42 18:12	06:12 18:42	06:42 19:12	07:12 19:42	07:42 20:12	08:12 20:42	08:42 21:12	09:12 21:42	09:42 22:12	10:12 22:42	10:42 23:12
Monday	13th	23:47 12:14	00:17 12:44	00:47 13:14	01:17 13:44	01:47 14:14	02:17 14:44	03:37 16:04	05:37 18:04	05:47 18:14	06:17 18:44	06:47 19:14	07:17 19:44	07:47 20:14	08:17 20:44	08:47 21:14	09:17 21:44	09:47 22:14	10:17 22:44	10:47 23:14	11:17 23:44	11:47 00:14
Tuesday	14th	00:45 13:09	01:15 13:39	01:45 14:09	02:15 14:39	02:45 15:09	03:15 15:39	04:35 16:59	06:35 18:59	06:45 19:09	07:15 19:39	07:45 20:09	08:15 20:39	08:45 21:09	09:15 21:39	09:45 22:09	10:15 22:39	10:45 23:09	11:15 23:39	11:45 00:09	12:15 00:39	12:45 01:09
Wednesday	15th	01:39 03:59	02:09 04:29	02:39 04:59	03:09 05:29	03:39 05:59	04:09 06:29	05:29 07:49	07:29 09:49	07:39 09:59	08:09 10:29	08:39 10:59	09:09 11:29	09:39 11:59	10:09 12:29	10:39 12:59	11:09 13:29	11:39 13:59	12:09 14:29	12:39 14:59	13:09 15:29	13:39 15:59
Thursday	16th	02:27 14:46	02:57 15:16	03:27 15:46	03:57 16:16	04:27 16:46	04:57 17:16	06:17 18:36	08:17 20:36	08:27 20:46	08:57 21:16	09:27 21:46	09:57 22:16	10:27 22:46	10:57 23:16	11:27 23:46	11:57 00:16	12:27 00:46	12:57 01:16	13:27 01:46	13:57 02:16	14:27 02:46
Friday	17th	03:12 15:31	03:42 16:01	04:12 16:31	04:42 17:01	05:12 17:31	05:42 18:01	07:02 19:21	09:02 21:21	09:12 21:31	09:42 22:01	10:12 22:31	10:42 23:01	11:12 23:31	11:42 00:01	12:12 00:31	12:42 01:01	13:12 01:31	13:42 02:01	14:12 02:31	14:42 03:01	15:12 03:31
Saturday	18th	03:55 16:14	04:25 16:44	04:55 17:14	05:25 17:44	05:55 18:14	06:25 18:44	07:45 20:04	09:45 22:04	09:55 22:14	10:25 22:44	10:55 23:14	11:25 23:44	11:55 00:14	12:25 00:44	12:55 01:14	13:25 01:44	13:55 02:14	14:25 02:44	14:55 03:14	15:25 03:44	15:55 04:14
Sunday	19th	04:36 16:55	05:06 17:25	05:36 17:55	06:06 18:25	06:36 18:55	07:06 19:25	08:26 20:45	10:26 22:45	10:36 22:55	11:06 23:25	11:36 23:55	12:06 00:25	12:36 00:55	13:06 01:25	13:36 01:55	14:06 02:25	14:36 02:55	15:06 03:25	15:36 03:55	16:06 04:25	16:36 04:55
Monday	20th	05:17 17:36	05:47 18:06	06:17 18:36	06:47 19:06	07:17 19:36	07:47 20:06	09:07 21:26	11:07 23:26	11:17 23:36	11:47 00:06	12:17 00:36	12:47 01:06	13:17 01:36	13:47 02:06	14:17 02:36	14:47 03:06	15:17 03:36	15:47 04:06	16:17 04:36	16:47 05:06	17:17 05:36
Tuesday	21st	06:00	06:30	07:00	07:30	08:00	08:30	09:50	11:50	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00
Wednesday	22nd	18:21 06:49	18:51 07:19	19:21 07:49	19:51 08:19	20:21 08:49	20:51 09:19	22:11 10:39	00:11 12:39	00:21 12:49	00:51 13:19	01:21 13:49	01:51 14:19	02:21 14:49	02:51 15:19	03:21 15:49	03:51 16:19	04:21 16:49	04:51 17:19	05:21 17:49	05:51 18:19	06:21 18:49
Thursday	23rd	19:15 07:51	19:45 08:21	20:15 08:51	20:45 09:21	21:15 09:51	21:45 10:21	23:05 11:41	01:05 13:41	01:15 13:51	01:45 14:21	02:15 14:51	02:45 15:21	03:15 15:51	03:45 16:21	04:15 16:51	04:45 17:21	05:15 17:51	05:45 18:21	06:15 18:51	06:45 19:21	07:15 19:51
Friday	24th	20:24 09:08	20:54 09:38	21:24 10:08	21:54 10:38	22:24 11:08	22:54 11:38	00:14 12:58	02:14 14:58	02:24 15:08	02:54 15:38	03:24 16:08	03:54 16:38	04:24 17:08	04:54 17:38	05:24 18:08	05:54 18:38	06:24 19:08	06:54 19:38	07:24 20:08	07:54 20:38	08:24 21:08
Saturday	25th	21:42 10:21	22:12 10:51	22:42 11:21	23:12 11:51	23:42 12:21	00:12 12:51	01:32 14:11	03:32 16:11	03:42 16:21	04:12 16:51	04:42 17:21	05:12 17:51	05:42 18:21	06:12 18:51	06:42 19:21	07:12 19:51	07:42 20:21	08:12 20:51	08:42 21:21	09:12 21:51	09:42 22:21
Sunday	26th	22:52 11:20	23:22 11:50	23:52 12:20	00:22 12:50	00:52 13:20	01:22 13:50	02:42 15:10	04:42 17:10	04:52 17:20	05:22 17:50	05:52 18:20	06:22 18:50	06:52 19:20	07:22 19:50	07:52 20:20	08:22 20:50	08:52 21:20	09:22 21:50	09:52 22:20	10:22 22:50	10:52 23:20
Monday	27th	23:45 12:06	00:15 12:36	00:45 13:06	01:15 13:36	01:45 14:06	02:15 14:36	03:35 15:56	05:35 17:56	05:45 18:06	06:15 18:36	06:45 19:06	07:15 19:36	07:45 20:06	08:15 20:36	08:45 21:06	09:15 21:36	09:45 22:06	10:15 22:36	10:45 23:06	11:15 23:36	11:45 00:06
Tuesday	28th	00:28 12:45	00:58 13:15	01:28 13:45	01:58 14:15	02:28 14:45	02:58 15:15	04:18 16:35	06:18 18:35	06:28 18:45	06:58 19:15	07:28 19:45	07:58 20:15	08:28 20:45	08:58 21:15	09:28 21:45	09:58 22:15	10:28 22:45	10:58 23:15	11:28 23:45	11:58 00:15	12:28 00:45
Wednesday	29th	01:06 13:21	01:36 13:51	02:06 14:21	02:36 14:51	03:06 15:21	03:36 15:51	04:56 17:11	06:56 19:11	07:06 19:21	07:36 19:51	08:06 20:21	08:36 20:51	09:06 21:21	09:36 21:51	10:06 22:21	10:36 22:51	11:06 23:21	11:36 23:51	12:06 00:21	12:36 00:51	13:06 01:21
Thursday	30th	01:39 13:56	02:09 14:26	02:39 14:56	03:09 15:26	03:39 15:56	04:09 16:26	05:29 17:46	07:29 19:46	07:39 19:56	08:09 20:26	08:39 20:56	09:09 21:26	09:39 21:56	10:09 22:26	10:39 22:56	11:09 23:26	11:39 23:56	12:09 00:26	12:39 00:56	13:09 01:26	13:39 01:56
Friday	31st	02:13 14:29	02:43 14:59	03:13 15:29	03:43 15:59	04:13 16:29	04:43 16:59	06:03 18:19	08:03 20:19	08:13 20:29	08:43 20:59	09:13 										