

| MAY BST | 2026 | HW -6 | HW -5.5 | HW -5 | HW-4.5 | HW -4 | HW -3.5 | HW -2.10 | HW-0.10 | | HW+0.5 | HW +1 | HW +1.5 | HW+2 | HW+2.5 | HW +3 | HW +3.5 | HW +4 | HW +4.5 | HW+5 | HW+5.5 | HW + 6 |
|------------|------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| | Date | Access | Exit | Access | Exit | Access | Exit | Freeflow | Freeflow | HW | Access | Exit | Access | Exit | Access | Exit | Access | Exit | Access | Exit | Access | Exit |
| Friday | 1st | 00:52 13:09 | 01:22 13:39 | 01:52 14:09 | 02:22 14:39 | 02:52 15:09 | 03:22 15:39 | 04:42 16:59 | 06:42 18:59 | 06:52 19:09 | 07:22 19:39 | 07:52 20:09 | 08:22 20:39 | 08:52 21:09 | 09:22 21:39 | 09:52 22:09 | 10:22 22:39 | 10:52 23:09 | 11:22 23:39 | 11:52 00:09 | 12:22 00:39 | 12:52 01:09 |
| Saturday | 2nd | 01:25 13:41 | 01:55 14:11 | 02:25 14:41 | 02:55 15:11 | 03:25 15:41 | 03:55 16:11 | 05:15 17:31 | 07:15 19:31 | 07:25 19:41 | 07:55 20:11 | 08:25 20:41 | 08:55 21:11 | 09:25 21:41 | 09:55 22:11 | 10:25 22:41 | 10:55 23:11 | 11:25 23:41 | 11:55 00:11 | 12:25 00:41 | 12:55 01:11 | 13:25 01:41 |
| Sunday | 3rd | 01:57 14:12 | 02:27 14:42 | 02:57 15:12 | 03:27 15:42 | 03:57 16:12 | 04:27 16:42 | 05:47 18:02 | 07:47 20:02 | 07:57 20:12 | 08:27 20:42 | 08:57 21:12 | 09:27 21:42 | 09:57 22:12 | 10:27 22:42 | 10:57 23:12 | 11:27 23:42 | 11:57 00:12 | 12:27 00:42 | 12:57 01:12 | 13:27 01:42 | 13:57 02:12 |
| Monday | 4th | 02:17 14:42 | 02:57 15:12 | 03:27 15:42 | 03:57 16:12 | 04:27 16:42 | 04:57 17:12 | 06:17 18:32 | 08:17 20:32 | 08:27 20:42 | 08:57 21:12 | 09:27 21:42 | 09:57 22:12 | 10:27 22:42 | 10:57 23:12 | 11:27 23:42 | 11:57 00:12 | 12:27 00:42 | 12:57 01:12 | 13:27 01:42 | 13:57 02:12 | 14:27 02:42 |
| Tuesday | 5th | 02:59 15:14 | 03:29 15:44 | 03:59 16:14 | 04:29 16:44 | 04:59 17:14 | 05:29 17:44 | 06:49 19:04 | 08:49 21:04 | 08:59 21:14 | 09:29 21:44 | 09:59 22:14 | 10:29 22:44 | 10:59 23:14 | 11:29 23:44 | 11:59 00:14 | 12:29 00:44 | 12:59 01:14 | 13:29 01:44 | 13:59 02:14 | 14:29 02:44 | 14:59 03:14 |
| Wednesday | 6th | 03:30 15:48 | 04:00 16:18 | 04:30 16:48 | 05:00 17:18 | 05:30 17:48 | 06:00 18:18 | 07:20 19:38 | 09:20 21:38 | 09:30 21:48 | 10:00 22:18 | 10:30 22:48 | 11:00 23:18 | 11:30 23:48 | 12:00 00:18 | 12:30 00:48 | 13:00 01:18 | 13:30 01:48 | 14:00 02:18 | 14:30 02:48 | 15:00 03:18 | 15:30 03:48 |
| Thursday | 7th | 04:05 16:26 | 04:35 16:56 | 05:05 17:26 | 05:35 17:56 | 06:05 18:26 | 06:35 18:56 | 07:55 20:16 | 09:55 22:16 | 10:05 22:26 | 10:35 22:56 | 11:05 23:26 | 11:35 23:56 | 12:05 00:26 | 12:35 00:56 | 13:05 01:26 | 13:35 01:56 | 14:05 02:26 | 14:35 02:56 | 15:05 03:26 | 15:35 03:56 | 16:05 04:26 |
| Friday | 8th | 04:47 17:14 | 05:17 17:44 | 05:47 18:14 | 06:17 18:44 | 06:47 19:14 | 07:17 19:44 | 08:37 21:04 | 10:37 23:04 | 10:47 23:14 | 11:17 23:44 | 11:47 00:14 | 12:17 00:44 | 12:47 01:14 | 13:17 01:44 | 13:47 02:14 | 14:17 02:44 | 14:47 03:14 | 15:17 03:44 | 15:47 04:14 | 16:17 04:44 | 16:47 05:14 |
| Saturday | 9th | 05:41 18:18 | 06:11 18:48 | 06:41 19:18 | 07:11 19:48 | 07:41 20:18 | 08:11 20:48 | 09:31 22:08 | 11:31 00:08 | 11:41 00:18 | 12:11 00:48 | 12:41 01:18 | 13:11 01:48 | 13:41 02:18 | 14:11 02:48 | 14:41 03:18 | 15:11 03:48 | 15:41 04:18 | 16:11 04:48 | 16:41 05:18 | 17:11 05:48 | 17:41 06:18 |
| Sunday | 10th | 06:54 19:35 | 07:24 20:05 | 07:54 20:35 | 08:24 21:05 | 08:54 21:35 | 09:24 22:05 | 10:44 23:25 | 12:44 01:25 | 12:54 01:35 | 13:24 02:05 | 13:54 02:35 | 14:24 03:05 | 14:54 03:35 | 15:24 04:05 | 15:54 04:35 | 16:24 05:05 | 16:54 05:35 | 17:24 06:05 | 17:54 06:35 | 18:24 07:05 | 18:54 07:35 |
| Monday | 11th | 08:15 20:50 | 08:45 21:20 | 09:15 21:50 | 09:45 22:20 | 10:15 22:50 | 10:45 23:20 | 12:05 00:40 | 14:05 02:40 | 14:15 02:50 | 14:45 03:20 | 15:15 03:50 | 15:45 04:20 | 16:15 04:50 | 16:45 05:20 | 17:15 05:50 | 17:45 06:20 | 18:15 06:50 | 18:45 07:20 | 19:15 07:50 | 19:45 08:20 | 20:15 08:50 |
| Tuesday | 12th | 09:26 21:51 | 09:56 22:21 | 10:26 22:51 | 10:56 23:21 | 11:26 23:51 | 11:56 00:21 | 13:16 01:41 | 15:16 03:41 | 15:26 03:51 | 16:26 04:51 | 16:56 05:21 | 17:26 05:51 | 17:56 06:21 | 18:26 06:51 | 18:56 07:21 | 19:26 07:51 | 19:56 08:21 | 20:26 08:51 | 20:56 09:21 | 21:26 09:51 | 21:56 10:21 |
| Wednesday | 13th | 10:22 22:44 | 10:52 23:14 | 11:22 23:44 | 11:52 00:14 | 12:22 00:44 | 12:52 01:14 | 14:12 02:34 | 16:12 04:34 | 16:22 04:44 | 16:52 05:14 | 17:22 05:44 | 17:52 06:14 | 18:22 06:44 | 18:52 07:14 | 19:22 07:44 | 19:52 08:14 | 20:22 08:44 | 20:52 09:14 | 21:22 09:44 | 21:52 10:14 | 22:22 10:44 |
| Thursday | 14th | 11:11 23:33 | 11:41 00:03 | 12:11 00:33 | 12:41 01:03 | 13:11 01:33 | 13:41 02:03 | 15:01 03:23 | 17:01 05:23 | 17:11 05:33 | 17:41 06:03 | 18:11 06:33 | 18:41 07:03 | 19:11 07:33 | 19:41 08:03 | 20:11 08:33 | 20:41 09:03 | 21:11 09:33 | 21:41 10:03 | 22:11 10:33 | 22:41 11:03 | 23:11 11:33 |
| Friday | 15th | 11:57 00:20 | 12:27 00:50 | 12:57 01:20 | 13:27 01:50 | 13:57 02:20 | 14:27 02:50 | 15:47 04:10 | 17:47 06:10 | 17:57 06:20 | 18:27 06:50 | 18:57 07:20 | 19:27 07:50 | 19:57 08:20 | 20:27 08:50 | 20:57 09:20 | 21:27 09:50 | 21:57 10:20 | 22:27 10:50 | 22:57 11:20 | 23:27 11:50 | 23:57 12:20 |
| Saturday | 16th | 12:42 01:07 | 13:12 01:37 | 13:42 02:07 | 14:12 02:37 | 14:42 03:07 | 15:12 03:37 | 16:32 04:57 | 18:32 06:57 | 18:42 07:07 | 19:12 07:37 | 19:42 08:07 | 20:12 08:37 | 20:42 09:07 | 21:12 09:37 | 21:42 10:07 | 22:12 10:37 | 22:42 11:07 | 23:12 11:37 | 23:42 12:07 | 00:12 12:37 | 00:42 13:07 |
| Sunday | 17th | 13:28 01:54 | 13:58 02:24 | 14:28 02:54 | 14:58 03:24 | 15:28 03:54 | 15:58 04:24 | 17:18 05:44 | 19:18 07:44 | 19:28 07:54 | 19:58 08:24 | 20:28 08:54 | 20:58 09:24 | 21:28 09:54 | 21:58 10:24 | 22:28 10:54 | 22:58 11:24 | 23:28 11:54 | 23:58 12:24 | 00:28 12:54 | 00:58 13:24 | 01:28 13:54 |
| Monday | 18th | 14:15 02:43 | 14:45 03:13 | 15:15 03:43 | 15:45 04:13 | 16:15 04:43 | 16:45 05:13 | 18:05 06:33 | 20:05 07:33 | 20:15 07:43 | 20:45 08:13 | 21:15 08:43 | 21:45 09:13 | 22:15 09:43 | 22:45 10:13 | 23:15 10:43 | 23:45 11:13 | 00:15 11:43 | 00:45 12:13 | 01:15 12:43 | 01:45 13:13 | 02:15 13:43 |
| Tuesday | 19th | 15:03 03:33 | 15:33 04:03 | 16:03 04:33 | 16:33 05:03 | 17:03 05:33 | 17:33 06:03 | 18:53 07:23 | 20:53 09:23 | 21:03 09:33 | 21:33 10:03 | 22:03 10:33 | 22:33 11:03 | 23:03 11:33 | 00:03 12:03 | 00:33 12:33 | 01:03 13:03 | 01:33 13:33 | 02:03 14:03 | 02:33 14:33 | 03:03 15:03 | 03:33 15:33 |
| Wednesday | 20th | 15:53 04:24 | 16:23 04:54 | 16:53 05:24 | 17:23 05:54 | 17:53 06:24 | 18:23 06:54 | 19:43 08:14 | 21:43 10:14 | 21:53 10:24 | 22:23 10:54 | 22:53 11:24 | 23:23 11:54 | 23:53 12:24 | 00:23 12:54 | 00:53 13:24 | 01:23 13:54 | 01:53 14:24 | 02:23 14:54 | 02:53 15:24 | 03:23 15:54 | 03:53 16:24 |
| Thursday | 21st | 16:47 05:21 | 17:17 05:51 | 17:47 06:21 | 18:17 06:51 | 18:47 07:21 | 19:17 07:51 | 20:37 09:11 | 22:37 11:11 | 22:47 11:21 | 23:17 11:51 | 23:47 12:21 | 00:17 12:51 | 00:47 13:21 | 01:17 13:51 | 01:47 14:21 | 02:17 14:51 | 02:47 15:21 | 03:17 15:51 | 03:47 16:21 | 04:17 16:51 | 04:47 17:21 |
| Friday | 22nd | 17:46 06:23 | 18:16 06:53 | 18:46 07:23 | 19:16 07:53 | 19:46 08:23 | 20:16 08:53 | 21:36 10:13 | 23:36 12:13 | 23:46 12:23 | 00:16 12:53 | 00:46 13:23 | 01:16 13:53 | 01:46 14:23 | 02:16 14:53 | 02:46 15:23 | 03:16 15:53 | 03:46 16:23 | 04:16 16:53 | 04:46 17:23 | 05:16 17:53 | 05:46 18:23 |
| Saturday | 23rd | 06:23 18:51 | 06:53 19:21 | 07:23 19:51 | 07:53 20:21 | 08:23 20:51 | 08:53 21:21 | 10:13 22:41 | 12:13 00:41 | 12:23 00:51 | 13:23 01:51 | 13:53 02:21 | 14:23 02:51 | 14:53 03:21 | 15:23 03:51 | 15:53 04:21 | 16:23 04:51 | 16:53 05:21 | 17:23 05:51 | 17:53 06:21 | 18:23 06:51 | 18:53 07:21 |
| Sunday | 24th | 06:32 20:02 | 07:02 20:32 | 07:32 21:02 | 08:02 21:32 | 08:32 22:02 | 09:02 22:32 | 10:22 23:52 | 12:22 01:52 | 12:32 02:02 | 13:02 02:32 | 13:32 03:02 | 14:02 03:32 | 14:32 04:02 | 15:02 04:32 | 15:32 05:02 | 16:02 05:32 | 16:32 06:02 | 17:02 06:32 | 17:32 07:02 | 18:02 07:32 | 18:32 08:02 |
| Monday | 25th | 08:42 21:09 | 09:12 21:39 | 09:42 22:09 | 10:12 22:39 | 10:42 23:09 | 11:12 23:39 | 12:32 00:59 | 14:32 02:59 | 14:42 03:09 | 15:12 03:39 | 15:42 04:09 | 16:12 04:39 | 16:42 05:09 | 17:12 05:39 | 17:42 06:09 | 18:12 06:39 | 18:42 07:09 | 19:12 07:39 | 19:42 08:09 | 20:12 08:39 | 20:42 09:09 |
| Tuesday | 26th | 09:45 22:09 | 10:15 22:39 | 10:45 23:09 | 11:15 23:39 | 11:45 00:09 | 12:15 00:39 | 13:35 01:59 | 15:35 03:59 | 15:45 04:09 | 16:15 04:39 | 16:45 05:09 | 17:15 05:39 | 17:45 06:09 | 18:15 06:39 | 18:45 07:09 | 19:15 07:39 | 19:45 08:09 | 20:15 08:39 | 20:45 09:09 | 21:15 09:39 | 21:45 10:09 |
| Wednesday | 27th | 10:38 22:59 | 11:08 23:29 | 11:38 23:59 | 12:08 00:29 | 12:38 00:59 | 13:08 01:29 | 14:28 02:49 | 16:28 04:49 | 16:38 04:59 | 17:08 05:29 | 17:38 05:59 | 18:08 06:29 | 18:38 06:59 | 19:08 07:29 | 19:38 07:59 | 20:08 08:29 | 20:38 08:59 | 21:08 09:29 | 21:38 09:59 | 22:08 10:29 | 22:38 10:59 |
| Thursday | 28th | 11:24 23:43 | 11:54 00:13 | 12:24 00:43 | 12:54 01:13 | 13:24 01:43 | 13:54 02:13 | 15:14 03:33 | 17:14 05:33 | 17:24 05:43 | 17:54 06:13 | 18:24 06:43 | 18:54 07:13 | 19:24 07:43 | 19:54 08:13 | 20:24 08:43 | 20:54 09:13 | 21:24 09:43 | 21:54 10:13 | 22:24 10:43 | 22:54 11:13 | 23:24 11:43 |
| Friday | 29th | 12:05 00:23 | 12:35 00:53 | 13:05 01:23 | 13:35 01:53 | 14:05 02:23 | 14:35 02:53 | 15:55 04:13 | 17:55 06:13 | 18:05 06:23 | 18:35 06:53 | 19:05 07:23 | 19:35 07:53 | 20:05 08:23 | 20:35 08:53 | 21:05 09:23 | 21:35 09:53 | 22:05 10:23 | 22:35 10:53 | 23:05 11:23 | 23:35 11:53 | 00:05 12:23 |
| Saturday | 30th | 12:42 01:00 | 13:12 01:30 | 13:42 02:00 | 14:12 02:30 | 14:42 03:00 | 15:12 03:30 | 16:32 04:50 | 18:32 06:50 | 18:42 07:00 | 19:12 07:30 | 19:42 08:00 | 20:12 08:30 | 20:42 09:00 | 21:12 09:30 | 21:42 10:00 | 22:12 10:30 | 22:42 | | | | |