

MARCH	2026	HW -6	HW -5.5	HW -5	HW-4.5	HW -4	HW -3.5	HW -2.10	HW-0.10		HW+0.5	HW +1	HW +1.5	HW+2	HW+2.5	HW +3	HW +3.5	HW +4	HW +4.5	HW+5	HW+5.5	HW +6	
	Date	Access	Exit	Access	Exit	Access	Exit	Freeflow	Freeflow	HW	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	Access	Exit	
Sunday	1st	22:42 11:10	23:12 12:40	23:42 12:40	00:12 12:40	00:42 13:10	01:12 13:40	02:32 15:00	04:32 17:00	04:42 17:10	05:12 17:40	05:42 18:10											
Monday	2nd	23:30 11:54	00:00 12:24	00:30 12:54	01:00 13:24	01:30 13:54	02:00 14:24	03:20 15:44	05:20 17:44	05:30 17:54	06:00 18:24	06:30 18:54											
Tuesday	3rd	00:12 12:33	00:42 13:03	01:12 13:33	01:42 14:03	02:12 14:33	02:42 15:03	04:02 16:23	06:02 18:23	06:12 18:33	06:42 19:03	07:12 19:33	07:42 20:03	08:12 20:33	08:42 21:03	09:12 21:33	09:42 22:03	10:12 22:33	10:42 23:03	11:12 23:33	11:42 00:03	12:12 00:33	
Wednesday	4th	00:50 13:09	01:20 13:39	01:50 14:09	02:20 14:39	02:50 15:09	03:20 15:39	04:40 16:59	06:40 18:59	06:50 19:09	07:20 19:39	07:50 20:09	08:20 20:39	08:50 21:09	09:20 21:39	09:50 22:09	10:20 22:39	10:50 23:09	11:20 23:39	11:50 00:09	12:20 00:39	12:50 01:09	
Thursday	5th	01:25 13:42	01:55 14:12	02:25 14:42	02:55 15:12	03:25 15:42	03:55 16:12	05:15 17:32	07:15 19:32	07:25 19:42	07:55 20:12	08:25 20:42	08:55 21:12	09:25 21:42	09:55 22:12	10:25 22:42	10:55 23:12	11:25 23:42	11:55 00:12	12:25 00:42	12:55 01:12	13:25 01:42	
Friday	6th	01:57 14:12	02:27 14:42	02:57 15:12	03:27 15:42	03:57 16:12	04:27 16:42	05:47 18:02	07:47 20:02	07:57 20:12	08:27 20:42	08:57 21:12	09:27 21:42	09:57 22:12	10:27 22:42	10:57 23:12	11:27 23:42	11:57 00:12	12:27 00:42	12:57 01:12	13:27 01:42	13:57 02:12	
Saturday	7th	02:27 14:42	02:57 15:12	03:27 15:42	03:57 16:12	04:27 16:42	04:57 17:12	06:17 18:32	08:17 20:32	08:27 20:42	08:57 21:12	09:27 21:42	09:57 22:12	10:27 22:42	10:57 23:12	11:27 23:42	11:57 00:12	12:27 00:42	12:57 01:12	13:27 01:42	13:57 02:12	14:27 02:42	
Sunday	8th	02:57 15:11	03:27 15:41	03:57 16:11	04:27 16:41	04:57 17:11	05:27 17:41	06:47 19:01	08:47 21:01	08:57 21:11	09:27 21:41	09:57 22:11	10:27 22:41	10:57 23:11	11:27 23:41	11:57 00:11	12:27 00:41	12:57 01:11	13:27 01:41	13:57 02:11	14:27 02:41	14:57 03:11	
Monday	9th	03:26 15:41	03:56 16:11	04:26 16:41	04:56 17:11	05:26 17:41	05:56 18:11	07:16 19:31	09:16 21:31	09:26 21:41	09:56 22:11	10:26 22:41	10:56 23:11	11:26 23:41	11:56 00:11	12:26 00:41	12:56 01:11	13:26 01:41	13:56 02:11	14:26 02:41	14:56 03:11	15:26 03:41	
Tuesday	10th	03:57 16:17	04:27 16:47	04:57 17:17	05:27 17:47	05:57 18:17	06:27 18:47	07:47 20:07	09:47 22:07	09:57 22:17	10:27 22:47	10:57 23:17	11:27 23:47	11:57 00:17	12:27 00:47	12:57 01:17	13:27 01:47	13:57 02:17	14:27 02:47	14:57 03:17	15:27 03:47	15:57 04:17	
Wednesday	11th	04:37 17:06	05:07 17:36	05:37 18:06	06:07 18:36	06:37 19:06	07:07 19:36	08:27 20:56	10:27 22:56	10:37 23:06	11:07 23:36	11:37 00:06	12:07 00:36	12:37 01:06	13:07 01:36	13:37 02:06	14:07 02:36	14:37 03:06	15:07 03:36	15:37 04:06	16:07 04:36	16:37 05:06	
Thursday	12th	05:39	06:09	06:39	07:09	07:39	08:09	09:29	11:29	11:39	12:09	12:39	13:09	13:39	14:09	14:39	15:09	15:39	16:09	16:39	17:09	17:39	
Friday	13th	18:34 07:36	19:04 08:06	19:34 08:36	20:04 09:06	20:34 09:36	21:04 10:06	22:24 11:26	00:24 13:26	00:34 13:36	01:04 14:06	01:34 14:36	02:04 15:06	02:34 15:36	03:04 16:06	03:34 16:36	04:04 17:06	04:34 17:36	05:04 18:06	05:34 18:36	06:04 19:06	06:34 19:36	
Saturday	14th	20:36 09:20	21:06 09:50	21:36 10:20	22:06 10:50	22:36 11:20	23:06 11:50	00:26 13:10	02:26 15:10	02:36 15:20	03:06 15:50	03:36 16:20	04:06 16:50	04:36 17:20	05:06 17:50	05:36 18:20	06:06 18:50	06:36 19:20	07:06 19:50	07:36 20:20	08:06 20:50	08:36 21:20	
Sunday	15th	21:45 10:13	22:15 10:43	22:45 11:13	23:15 11:43	23:45 12:13	00:15 12:43	01:35 14:03	03:35 16:03	03:45 16:13	04:15 16:43	04:45 17:13	05:15 17:43	05:45 18:13	06:15 18:43	06:45 19:13	07:15 19:43	07:45 20:13	08:15 20:43	08:45 21:13	09:15 21:43	09:45 22:13	
Monday	16th	22:30 10:54	23:00 11:24	23:30 11:54	00:00 12:24	00:30 12:54	01:00 13:24	02:20 14:44	04:20 16:44	04:30 16:54	05:00 17:24	05:30 17:54	06:00 18:24	06:30 18:54	07:00 19:24	07:30 19:54	08:00 20:24	08:30 20:54	09:00 21:24	09:30 21:54	10:00 22:24	10:30 22:54	
Tuesday	17th	23:09 11:30	23:39 12:00	00:09 12:30	00:39 13:00	01:09 13:30	01:39 14:00	02:59 15:20	04:59 17:20	05:09 17:30	05:39 18:00	06:09 18:30	06:39 19:00	07:09 19:30	07:39 20:00	08:09 20:30	08:39 21:00	09:09 21:30	09:39 22:00	10:09 22:30	10:39 23:00	11:09 23:30	
Wednesday	18th	23:46 12:05	00:16 12:35	00:46 13:05	01:16 13:35	01:46 14:05	02:16 14:35	03:36 15:55	05:36 17:55	05:46 18:05	06:16 18:35	06:46 19:05	07:16 19:35	07:46 20:05	08:16 20:35	08:46 21:05	09:16 21:35	09:46 22:05	10:16 22:35	10:46 23:05	11:16 23:35	11:46 00:05	
Thursday	19th	00:22 12:41	00:52 13:11	01:22 13:41	01:52 14:11	02:22 14:41	02:52 15:11	04:12 16:31	06:12 18:31	06:22 18:41	06:52 19:11	07:22 19:41	07:52 20:11	08:22 20:41	08:52 21:11	09:22 21:41	09:52 22:11	10:22 22:41	10:52 23:11	11:22 23:41	11:52 00:11	12:22 00:41	
Friday	20th	00:59 13:16	01:29 13:46	01:59 14:16	02:29 14:46	02:59 15:16	03:29 15:46	04:49 17:06	06:49 19:06	06:59 19:16	07:29 19:46	07:59 20:16	08:29 20:46	08:59 21:16	09:29 21:46	09:59 22:16	10:29 22:46	10:59 23:16	11:29 23:46	11:59 00:16	12:29 00:46	12:59 01:16	
Saturday	21st	01:36 13:52	02:06 14:22	02:36 14:52	03:06 15:22	03:36 15:52	04:06 16:22	05:26 17:42	07:26 19:42	07:36 19:52	08:06 20:22	08:36 20:52	09:06 21:22	09:36 21:52	10:06 22:22	10:36 22:52	11:06 23:22	11:36 23:52	12:06 00:22	12:36 00:52	13:06 01:22	13:36 01:52	
Sunday	22nd	02:13 14:30	02:43 15:00	03:13 15:30	03:43 16:00	04:13 16:30	04:43 17:00	06:03 18:20	08:03 20:20	08:13 20:30	08:43 21:00	09:13 21:30	09:43 22:00	10:13 22:30	10:43 23:00	11:13 00:00	11:43 00:30	12:13 01:00	12:43 01:30	13:13 02:00	13:43 02:30	14:13 03:00	
Monday	23rd	02:52 15:09	03:22 15:39	03:52 16:09	04:22 16:39	04:52 17:09	05:22 17:39	06:42 18:59	08:42 20:59	08:52 21:09	09:22 21:39	09:52 22:09	10:22 22:39	10:52 23:09	11:22 00:09	11:52 00:39	12:22 01:09	12:52 01:39	13:22 02:09	13:52 02:39	14:22 03:09	14:52 03:39	
Tuesday	24th	03:35 15:53	04:05 16:23	04:35 16:53	05:05 17:23	05:35 17:53	06:05 18:23	07:25 19:43	09:25 21:43	09:35 21:53	10:05 22:23	10:35 22:53	11:05 23:23	11:35 23:53	12:05 00:23	12:35 00:53	13:05 01:23	13:35 01:53	14:05 02:23	14:35 02:53	15:05 03:23	15:35 03:53	
Wednesday	25th	04:26 16:51	04:56 17:21	05:26 17:51	05:56 18:21	06:26 18:51	06:56 19:21	08:16 20:41	10:16 22:41	10:26 22:51	10:56 23:21	11:26 00:21	11:56 00:51	12:26 01:21	12:56 01:51	13:26 02:21	13:56 02:51	14:26 03:21	14:56 03:51	15:26 04:21	15:56 04:51	16:26 05:21	
Thursday	26th	05:36	06:06	06:36	07:06	07:36	08:06	09:26	11:26	11:36	12:06	12:36	13:06	13:36	14:06	14:36	15:06	15:36	16:06	16:36	17:06	17:36	
Friday	27th	18:15 07:15	18:45 07:45	19:15 08:15	19:45 08:45	20:15 09:15	20:45 09:45	22:05 11:05	00:05 13:05	00:15 13:15	00:45 13:45	01:15 14:15	01:45 14:45	02:15 15:15	02:45 15:45	03:15 16:15	03:45 16:45	04:15 17:15	04:45 17:45	05:15 18:15	05:45 18:45	06:15 19:15	
Saturday	28th	20:02 08:57	20:32 09:27	21:02 09:57	21:32 10:27	22:02 10:57	22:32 11:27	23:52 12:47	01:52 14:47	02:02 14:57	02:32 15:27	03:02 15:57	03:32 16:27	04:02 16:57	04:32 17:27	05:02 17:57	05:32 18:27	06:02 18:57	06:32 19:27	07:02 19:57	07:32 20:27	08:02 20:57	
Sunday	29th	22:27 11:02	22:57 11:32	23:27 12:02	23:57 12:32	00:27 13:02	00:57 13:32	02:17 14:52	04:17 16:52	04:27 17:02	04:57 17:32	05:27 18:02	05:57 18:32	06:27 19:02	06:57 19:32	07:27 20:02	07:57 20:32	08:27 21:02	08:57 21:32	09:27 22:02	09:57 22:32	10:27 23:02	
Monday	30th	23:23 11:50	23:53 12:20	00:23 12:50	00:53 13:20	01:23 13:50	01:53 14:20	03:13 15:40	05:13 17:40	05:23 17:50	05:53 18:20	06:23 18:50	06:53 19:20	07:23 19:50	07:53 20:20	08:23 20:50	08:53 21:20	09:23 21:50	09:53 22:20	10:23 22:50	10:53 23:20	11:23 23:50	
Tuesday	31st	00:08 12:30	00:38 13:00	01:08 13:30	01:38 14:00	02:08 14:30	02:38 15:00	03:58 16:20	05:58 18:20	06:08 18:30	06:38 19:00	07:08 19:30	07:38 20:00	08:08 20:30	08:38 21:00	09:08 21:30	09:38 22:00	10:08 22:30</					